New Zealand

New Zealand, "Island of the Long White Cloud", is in the southwestern Pacific Oceania. It is made up of two main Islands, the North Island and the South Island, and around 600 smaller islands. The two main islands are separated by Cook Strait.



New Zealand is about 2,000 kms east of Australia across the Tasman Sea and 1,000 km south of New Caledonia, Fiji and Tonga. The capital of New Zealand is Wellington although Auckland is its most populous city.

Polynesians settled in New Zealand around 1300's and developed a Māori culture which today forms a distinctive part of the New Zealand culture. Today the majority of New Zealand's population of 5 million is of European descent and the indigenous Māori are a minority. The official languages are English and Māori, although English is the dominant language.

International Airports are in Auckland & Wellington on the North Island and Christchurch on the South Island.



The first reference to squash being played in Palmerston North in 1919, when Herbert Watson is believed to have had his own private court at his home. It wasn't until the 1930's however that the sport began to evolve on a broader base.

Squash New Zealand is the national governing body for squash in New Zealand and was founded in 1938. It is estimated that more than 75,000 people play or try squash in New Zealand each year. There are more than 300 clubs and other facilities with squash courts around the country.

Squash New Zealand is a founding member of the Oceania Squash Federation and a member of the World Squash Federation.

For more information about what Squash New Zealand has to offer please visit their website : www.squashnz.co.nz

